

2025 • MOTHER'S DAY  
MOTHER'S DAY CLASSIC 2025



Mother's Day  
Classic

# EVENT DAY VOLUNTEER GUIDE

A guide to volunteering at the 2025  
Mother's Day Classic Events



MDC Volunteer Program  
proudly supported by:



Super with impact



## Acknowledgement of Traditional Owners

The Mother's Day Classic Foundation respectfully acknowledges the Traditional Owners of the various lands on which each Mother's Day Classic event is located.

We pay respect to Elders past, present and emerging, and celebrate the diversity of Aboriginal peoples and their ongoing cultures and connections to the lands on which all of our Mother's Day Classic events are held.

# 1. Welcome & Event Overview

**Join a community of over 1,500 volunteers, committed to raising awareness and funds for breast and ovarian cancer research at the Mother's Day Classic (MDC).**

Since 1998, we've been dedicated to walking, running and fundraising to save women's lives on Mother's Day. In 2024, we took one step further and made it our mission to stop both ovarian and breast cancer in their tracks. In the last 27 years, our community has donated \$46.1 million to the National Breast Cancer Foundation, and since 2024, \$1.2 million to the Ovarian Cancer Research Foundation.

### Our Impact:

- 27 years of walking and running
- \$47.3 million donated since 1998
- 1.7 million participants Australia wide
- 85+ events annually
- Funding over 85 research projects



## 2. Who Can Volunteer

**Our volunteer program is inclusive and accessible to people from different backgrounds, with diverse perspectives, identities, talents, abilities, and skills.**

There are no age restrictions to volunteer at an MDC event. However, if you are under the age of 16 years on event day, the supervision of an adult and consent of a parent or guardian is required. Our supervision ratio requirement is 1 adult to a maximum of 10 juniors. If you are aged 16 to 18 you will require parental consent to volunteer.

### Volunteer as a Group

Volunteer as a group with your colleagues, gym buddies, family or community group. Depending on the size of your group, you could be rostered to stick together on event day, or choose to join other volunteers for a mixed-team experience.

## 3. Volunteer Roles & Responsibilities

- **Check-In and Registration Assistance:** Helping participants with check-in.
- **Route Marshals:** Directing participants and ensuring safety along the route.
- **Water Stations:** Setting up, distributing water, and keeping the area clean.
- **Cheer Squad:** Providing encouragement and creating a positive atmosphere.
- **Merchandise and Fundraising:** Assist with fundraising activities such as the sale of raffle tickets and merchandise.
- **Finish Line Support:** Handing out medallions, refreshments, and assisting participants as needed.
- **Event Photography:** Capturing the event on the day (must bring own camera).
- **Set up and Pack down Event Village:** Assist in setting up and packing down areas such as merchandise, information tent, kids zone, volunteer check in etc.



## 4. Event Day

- **Arrival Times:** Please arrive 15 minutes prior to your volunteer allocated shift time.
- **Check in/out**
  - Go to the volunteer tent (location will be provided in your volunteer handbook).
  - Sign in and receive your role specific briefing, volunteer pack, and bucket hat.
  - You will be directed to your team leader once you have signed in for your role specific briefing.
  - Once your briefing has concluded, you will be deployed to your post for the day.
- **Breaks:** Volunteers will be allocated a 30 minute break for shifts over 5 hours. Light snacks will be provided.

## 5. Dress Code and What to Bring

- **Recommended attire:** comfortable shoes for standing and walking.
- **Volunteer Pack:** thanks to our Major Partner HESTA, all volunteers will receive a purple high-vis vest to wear on-the-day and a volunteer pack to take home. **Vests must be returned at the end of your shift.**
- **MDC Volunteer Gift:** in recognition of your support, all volunteers will receive a pink MDC bucket hat which can be collected at the volunteer check in.
- **Personal items to bring:** phone, portable charger, sun screen, water bottle, rain jacket or poncho (weather dependent), any preferred snacks.



## 6. Health and Safety

All volunteers must follow Safe Work Practices.

All volunteers will be provided with a safe workplace for all shifts conducted. It is the responsibility of all persons to work with due care and consideration to safeguard their own health and safety as well as others.

All volunteers will receive a safety induction as part of their Volunteer Handbook and complete an onsite safety briefing when they check in on the day of their shift.

Volunteers must advise their team leader if they have conditions or personal restrictions which impact on their ability to perform a task.

## 7. Communication

- **Before the event:** email [volunteer@mothersdayclassic.com.au](mailto:volunteer@mothersdayclassic.com.au)
- **Event Day:** Your Volunteer Coordinator, located at the volunteer check in.

## 8. Behaviour

Embrace the spirit of the Mother's Day Classic by embodying our values and helping to create a positive, memorable, and uplifting experience for everyone involved. Treat all participants, employees, and fellow volunteers with empathy and respect throughout the event.

Please remember that many of our participants have a personal connection to breast and/or ovarian cancers. We ask all volunteers to respect our minute of silence at the start line.



## 9. After the Event

- **Feedback:** After the event you will receive a survey to complete. All feedback about your experience before and on the day is helpful.
- **Certificate:** We will email a personalised Certificate of Appreciation after the event as a thank you for your volunteering efforts.
- **Stay in touch for 2026:** Head to our website to express your interest in volunteering again for 2026!
- **Volunteer Recognition Program:** Volunteers returning for 5 or more years will receive a commemorative pin in recognition of your support for MDC. If eligible, please highlight this on your registration form.

## 10. Contact Information

Email the Volunteers Team at: [volunteer@mothersdayclassic.com.au](mailto:volunteer@mothersdayclassic.com.au)

### Register to Volunteer

Ready to join us as a volunteer on Sunday 11 May at your nearest Mother's Day Classic event?

We can't wait to have you join us to help make our event special, memorable, and empowering.

**Register to volunteer from 6 February 2025:**

**<https://mdc.rosterfy.com.au/register>**

**Online Volunteer Registration closes Thursday 8 May.**

